



create. eat. drink. listen. laugh.

YOUNG @ HEART (KIDS)

1 SLICE OF TOASTED CIABATTA (DF)

(GF AVAILABLE ON REQUEST)

w/ housemade jam, vegemite, crunchy peanut butter, honey or nutella
w/ 1 egg your way

6

8

AVO ON TOAST (DF) (GF AVAILABLE ON REQUEST)

sliced avocado served on toasted ciabatta

10

KIDS TOASTIES

w/ bacon, cheese + fried egg
w/ plain cheese
w/ avocado + cheese
w/ vegemite + cheese
w/ ham and cheese

14

GF 16

LITTLE ONES CREPES

w/ nutella + cream
w/ bacon, banana + maple
w/ strawberries + cream
w/ lemon, rapadura sugar + cream
w/ ham + cheese

14

GF 16

TOASTED "BAGEL BOYS" SESAME BAGEL

w/ housemade jam, vegemite, crunchy peanut butter, honey or nutella

12.5

KIDS DRINKS

FRESHLY SQUEEZED JUICES 6

HYDRATE

watermelon, apple, orange, passionfruit pulp

ZING

apple, cucumber, lemon, mint w/ a splash of ginger & lemon myrtle kombucha

VITAMIN-C

orange, pineapple, lemon, carrot

MINERAL BOOST

pineapple, apple, lemon, mint, ginger

LOADED LEMONADE

lemonade topped w/ pineapple or watermelon juice + mint

SMOOTHIES 8

SUNBEAM SPLASH (DF)

raspberries, Banana, Mango puree, watermelon juice, coconut icecream (Add bloom powder \$2)

TROPICAL WHISPER (DF)

Lychee, mango, passionfruit, chia, coconut ice cream, coconut water & orange juice
(add vegan protein powder \$2)

MATCHA MUSE (DF)

mango, matcha, greens powder, coconut ice cream & coconut water (add vegan protein powder \$2)

CITRUS LAVENDER (DF)

banana, mango, citrus juice, lavender, coconut ice cream, coconut water (add passionfruit pulp \$1)

CACAO POWER (DF)

banana, cacao, dates, peanut butter, coconut ice cream & oat milk. (add a shot of coffee \$0.50)

KIDS MILKSHAKES 6

strawberry, chocolate, vanilla, or caramel

BABYCINO 3.5

FAIRYBREAD CINO 5

a colourful babycino topped w/ 100's & 1000's and mini marshmallows