



create. eat. drink. listen. laugh.

## YOUNG @ HEART (KIDS)

### 1 SLICE OF TOASTED CIABATTA (DF) (GF AVAILABLE ON REQUEST)

w/ housemade jam, vegemite, crunchy peanut butter, honey or nutella	6
w/ 1 egg your way	8

### AVO ON TOAST (DF) (GF AVAILABLE ON REQUEST)

sliced avocado served on toasted ciabatta	10
---	----

### KIDS TOASTIES

w/ bacon, cheese + fried egg	14
w/ plain cheese	GF 16
w/ avocado + cheese	
w/ vegemite + cheese	
w/ ham and cheese	

### LITTLE ONES CREPES

w/ nutella + cream	14
w/ bacon, banana + maple	GF 16
w/ strawberries + cream	
w/ lemon, rapadura sugar + cream	
w/ ham + cheese	

### TOASTED "BAGEL BOYS" SESAME BAGEL

w/ housemade jam, vegemite, crunchy peanut butter, honey or nutella	12.5
---	------

## KIDS DRINKS

### FRESHLY SQUEEZED JUICES 6

#### HYDRATE

watermelon, apple, orange, passionfruit pulp

#### ZING

apple, cucumber, lemon, mint w/ a splash of ginger & lemon myrtle kombucha

#### VITAMIN-C

orange, pineapple, lemon, carrot

#### MINERAL BOOST

pineapple, apple, lemon, mint, ginger

#### LOADED LEMONADE

lemonade topped w/ pineapple or watermelon juice + mint

### SMOOTHIES 8

#### SUNBEAM SPLASH (DF)

raspberries, Banana, Mango puree, watermelon juice, coconut icecream (Add bloom powder \$2)

#### TROPICAL WHISPER (DF)

Lychee, mango, passionfruit, chia, coconut ice cream, coconut water & orange juice  
(add vegan protein powder \$2)

#### MATCHA MUSE (DF)

mango, matcha, greens powder, coconut ice cream & coconut water (add vegan protein powder \$2)

#### CITRUS LAVENDER (DF)

banana, mango, citrus juice, lavender, coconut ice cream, coconut water (add passionfruit pulp \$1)

#### CACAO POWER (DF)

banana, cacao, dates, peanut butter, coconut ice cream & oat milk. (add a shot of coffee \$0.50)

### KIDS MILKSHAKES 6

strawberry, chocolate, vanilla, or caramel

### BABYCINO 3.5

### FAIRYBREAD CINO 5

a colourful babychino topped w/ 100's & 1000's and mini marshmallows