



create. eat. drink. listen. laugh.

TAKEAWAY MENU

SOMETHING SMALL

VELO MUFFINS (NGF) (see staff for today's flavor)	9
DOUBLE CHOC BROWNIES (GF) (see staff for today's flavour)	8
CARROT & WALNUT CAKE (NGF) w/ cream cheese frosting	8
VELO BANANA BREAD (GF) (DF AVAILABLE ON REQUEST) toasted spiced banana, orange and date bread, fresh berries, local honey, mascarpone, white chocolate, cranberry and pistachio bark	15
TOASTIES (GF ON REQUEST) w/ bacon, cheese + fried egg w/ plain cheese w/ avocado + cheese w/ vegemite + cheese w/ ham + cheese	14

CLASSIC HITS

EGGS BENEDICT (NDF) (GF ON REQUEST) w/ roasted garlic & rosemary mushrooms w/ local free-range bacon w/ Sun-Valley double-smoked ham w/ lamb + oregano & lemon sausage w/ pulled BBQ chicken + semi-dried tomatoes w/ Tasmanian smoked salmon	23 24 24 24 25 26
MORNING HARVEST (DF) (GF ON REQUEST) lamb + oregano & lemon sausage, Sun-Valley smoked ham, garlic & rosemary mushrooms, avocado, a poached egg, tomato chutney, pesto aioli, toasted ciabatta	33
PULLED & TOASTED (DF) (GF ON REQUEST) pulled BBQ chicken, semi-dried tomatoes, avocado, baby spinach, caramelised onion on a toasted sesame "Bagel Boys" bagel	27

ON THE GO

TOASTED CIABATTA W/ SPREAD (DF) (GF ON REQUEST) w/ house made jam, vegemite, crunchy peanut butter, local honey or Nutella	10.5
TOASTED CIABATTA W/ EGGS YOUR WAY (DF) (GF ON REQUEST)	16
TOASTED "BAGEL BOYS" BAGELS w/ house made jam, crunchy peanut butter, local honey or Nutella	12.5
AVOCADO SMASHED (DF + VEGAN) (GF ON REQUEST) fresh red onion, roasted garlic, corn, lemon juice & fresh herbs on toasted ciabatta	19
THAT'S A WRAP (DF) local free-range bacon, fried eggs, spinach, caramelised onion & tomato chutney in a toasted tortilla	20
SMOOTHIE BOWL (GF +DF+ VEGAN) pitaya, berry & banana smoothie bowl, fresh seasonal fruits & house-made granola	20
MEDITERANEAN BOWL (GF) (DF + VEGAN ON REQUEST) Cypriot grain salad, roasted spiced maple carrots, pine nuts, flaked almonds, seeds, fresh herbs, currants, cranberries with a harissa yoghurt dressing and caramelised apple balsamic	25

CREPES

Gluten-friendly buckwheat crepes available on request (+\$2)
& all of our crepes do contain dairy..

market fresh lemon, rapadura sugar & chantilly cream	17
tropical fruit, coconut gel, toasted macadamias, coconut icecream, local honey	21
chocolate crepe, Nutella, caramelised banana, mascarpone	21
grilled bacon, fresh banana & maple syrup	21
roasted spiced maple carrots, baby spinach, avocado, haloumi, harissa yoghurt dressing, toasted seeds	22
Sun-Valley double-smoked ham, baby spinach, cheddar cheese, fried egg, pesto aioli	22
smoked salmon, grain and herb salad, toasted almonds, harissa yoghurt dressing	23

OPEN 7 DAYS

6:30 AM - 1:30 PM



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COFFEE BY KAI

LONG BLACK | FLAT WHITE | LATTE | CAP | MOCHA 5/6
ESPRESSO | PICALLO 4.5/5
SHORT/ LONG MACCHIATO 5/5.5
HOT CHOCOLATE 5/6
NUTELLA HOT CHOCOLATE 6/7
CHAI LATTE 5/6
MASALA STICKY CHAI 6/7
MATCHA 6.5/7.5
CEREMONIAL CACAO 6/7

ICED BASICS

ICED LATTE 6/7
ICED MATCHA 6.5/7.5
ICED CHAI 6/7
ICED LONG BLACK 5/6
'BREW BEAR' COLD DRIP COFFEE 6/7
ICED COFFEE/MOCHA/CHOC (SERVED W/ CREAM & ICE-CREAM) 8
VIETNAMESE ICED COFFEE 7/8
(COLD DRIP COFFEE OVER ICE W/ CONDENSED MILK)
MANGO & LYCHEE ICED TEA 8

SPECIALTY COFFEE

THE GOLDEN CHAI 6/7

CHAI SPICES MIXED W/TURMERIC, GINGER & CINNAMON BREWED
ON SOY MILK

LIGHT MY FIRE 6/7

TURMERIC, HONEY, COCONUT MILK

ICED CACAO 7/8

CEREMONIAL CACAO ICED OVER OAT MILK

ICED MANGO MATCHA 8/9

ICED MATCHA W/ MANGO PUREE

TEAS - POT FOR 1 \$6

CLASSIC TEAS

EARL GREY, ENGLISH BREAKFAST, PEPPERMINT, GREEN TEA

HEARBAL TEAS

LEMONGRASS & GINGER OR HIBISCUS & MINT

MANGO AND LYCHEE ICED TEA 8

EXTRAS

SOY | ALMOND | COCONUT | OAT | LACTOSE FREE | 50C
DECAF | EXTRA SHOT | SINGLE ORIGIN 50C
SYRUPS | HONEY | MAPLE 50C

FRIDGE DRINKS

SPARKLING WATER 500ML \$6, COCONUT WATER \$6, COKE \$5,
SODAS \$6, LOCAL KOMBUCHA \$6.5, BREW BEAR COLD DRIP \$6

FRESH JUICES

FRESHLY SQUEEZED JUICES \$11

MADE USING THE BEST QUALITY PRODUCE WE CAN SOURCE

HYDRATE

WATERMELON, APPLE, ORANGE, PASSIONFRUIT PULP

ZING

APPLE, CUCUMBER, LEMON, MINT W/ A SPLASH OF GINGER &
LEMON MRYTLE KOMBUCHA

VITAMIN-C

ORANGE, PINEAPPLE, LEMON, CARROT (ADD GINGER \$0.5)

MINERAL BOOST

PINEAPPLE, APPLE, LEMON, MINT, GINGER (ADD PASSIONFRUIT \$1)

WELLNESS SHOT 5

GINGER, LEMON, ORANGE, TURMERIC (ADD KOMBUCHA SHOT \$1)

LOADED LEMONADE

LEMONADE TOPPED W/PINEAPPLE OR WATERMELON JUICE + MINT

SMOOTHIES

SMOOTHIES \$14

SUNBREAM SPLASH (DF)

RASPBERRIES, BANANA, MANGO PUREE, WATERMELON JUICE,
COCONUT ICECREAM (ADD BLOOM POWDER \$2).

TROPICAL WHISPER (DF)

LYCHEE, MANGO, PASSIONFRUIT, CHIA, COCONUT ICE CREAM,
COCONUT WATER & ORANGE JUICE
(ADD VEGAN PROTEIN POWDER \$2).

MATCHA MUSE (DF)

MANGO, MATCHA, GREENS POWDER, COCONUT ICE CREAM &
COCONUT WATER (ADD VEGAN PROTEIN POWDER \$2).

CITRUS LAVENDER (DF)

BANANA, MANGO, CITRUS JUICE, LAVENDER, COCONUT ICE
CREAM, COCONUT WATER (ADD PASSIONFRUIT PULP \$1).

CACAO POWER (DF)

BANANA, CACAO, DATES, PEANUT BUTTER, COCONUT ICE CREAM
& OAT MILK. (ADD A SHOT OF COFFEE \$0.50).

MILKSHAKES & THICKSHAKES 10/12

CLASSIC: STRAWBERRY, CARAMEL, CHOCOLATE, VANILLA
LOADED THICKSHAKES 14

CHOC NUTELLA BROWNIE OR CARAMEL PEANUT BUTTER

EXTRAS

VEGAN PROTEIN POWDER| GREENS POWDER | BLOOM POWDER |
CACAO \$2
CHOCOLATE | COFFEE | PASSIONFRUIT PULP \$1